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Violence leads to two-week closure for bar

SAFETY Gingur Sky Bar & Grill will be closed for the next 14 days after the City of Edmonton Community Standards Branch agreed with a request from the Public Safety Compliance Team (PSCT).

Four people were injured inside the bar at 15505-118 Ave. over the weekend after a round of gunshots was fired into the establishment from outside. This is the eighth shooting and 10th violent incident at the bar since 2008, including two shootings in just over a month.

YONATHAN SUMAMO
/FOR METRO EDMONTON

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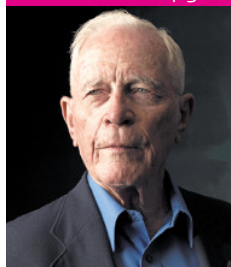
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SCAN LIFE

WHAT'S THIS BARCODE FOR?

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Entertainment pg 15

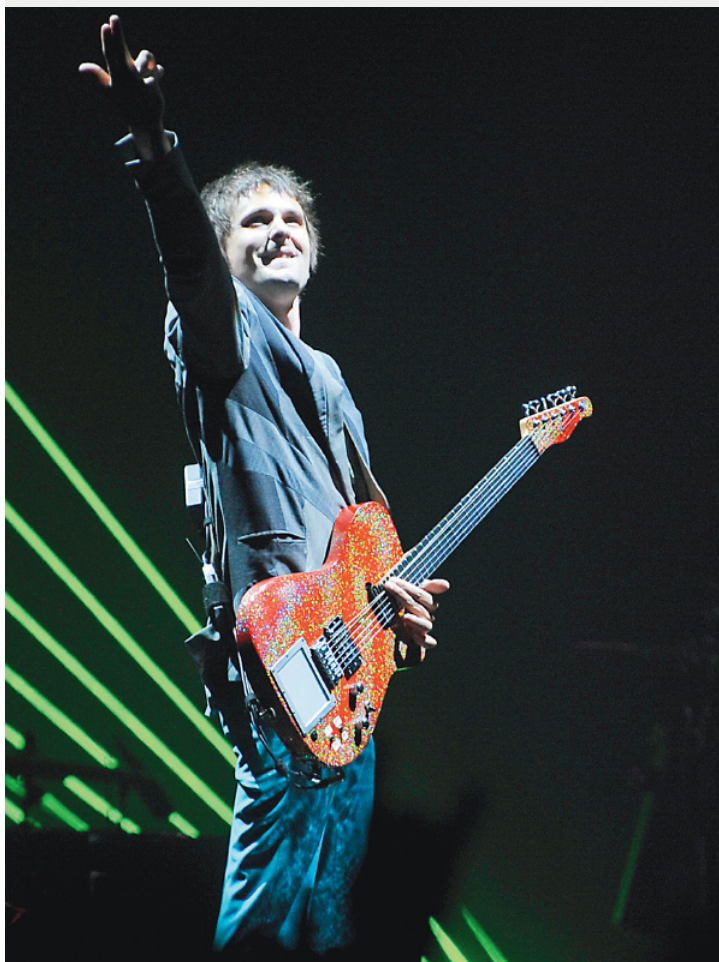


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Rexall Place His artistic Muse



Rock band Muse made a stop in Edmonton last night as part of their Resistance Tour. Here, front man Matthew Bellamy motions to the crowd at Rexall Place.

Gunman gets jail

Man who shot toddler gets nine-year sentence

An Alberta man who shot a toddler in a drive-by attack will spend the next nine years in prison.

Christopher Crane was sentenced to six years for aggravated assault and six years for an armed robbery that happened before the shooting, less time already served in prison awaiting trial.

Crane was charged after Asia Saddleback, then just 23 months old, was shot through the wall of her house on the Samson Cree First Nation, near Hobbema, on April 13, 2008.

Crane fired one shot at the home in what he said was an attempt to intimidate rival gang members.

The bullet hit Saddleback in the abdomen while she sat in the kitchen, and lodged between the toddler's liver and spine. The three-year-old has since recovered but the bullet remains in her body.

Crane told a sentencing hearing in January that he was drinking and doing drugs between his 18th

Previously

- Last year, a second teen in the car at the time of the shooting was found guilty of aggravated assault and weapons-related charges.

birthday and the day he fired a shot from a sawed-off rifle that went through the wall of a home belonging to Saddleback's grandfather.

He told the court that he had been doing drugs before he was even a teenager and dropped out of school in Grade 7.

A psychologist testified at the hearing in January that Crane is a moderate risk to reoffend. The Crown had asked for significant jail time, while the defence suggested a sentence of time already served in custody, followed by probation.

THE CANADIAN PRESS

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Don't be foolish in the forest, says minister

SAFETY As Alberta's wildfire season officially kicks off April 1, the minister of sustainable resource development is urging people to not be fools in the forest.

"Each year we assess the fire risk before the start of the fire season and posi-

tion ourselves and resources that we need to deal with the risk of wildfires across the province," said Minister Mel Knight. "There is a situation facing us where we have experienced, over the last year or so, some extremely

dry conditions."

The province has been monitoring ground moisture since last fall and the minister said 2010 is shaping up to be a very dry year.

"Snow pack levels and precipitation have both

been well below the normal levels that we might experience," he said.

"Based on our latest readings, I think we can now confirm that moisture levels are extremely low in certain parts of the province and the threat of

wildfires is therefore heightened."

About \$52 million worth of fire-fighting resources have been, or will be, distributed to stations in the field across Alberta.

ANDREAS MORSE/
METRO EDMONTON

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Local



New acts lined up for casino

A new batch of shows are coming to the River Cree Resort and Casino. Bob Newhart, left, kicks it off on May 28, followed by Tim Allen on June 19 and Frankie Valli and the Four Seasons on June 26. Tickets go on sale Friday and are available at rivercreeresort.com.

METRO EDMONTON



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NewsTweets

@yegfoodbank
Send a round of applause to @Earlennium's class for participating in #expresshunger. Wait until you see the entries later this week! #yeg

@TheRealTwinDad it must be spring out, people are out in the patio at Sherlock's #yeg #spring #beer

@idillun I am planning to write letters to the premier, my MP and my senator about the ridiculousness of senate elections and reform. #yeg #cndpoli

News in brief

FAIR Volunteer Edmonton is looking for Edmonton festivals to participate in the third annual Festival Volunteer Fair. The once-a-year event runs on May 12 at city hall and is free to festival organizers and visitors. For more information, contact Volunteer Edmonton at 780-732-6649. **METRO EDMONTON**

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WHAT'S ONLINE TODAY

Video Hillary Clinton walked out of an Arctic summit at metronews.ca/canada



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Riding a wave of success

Metal band Protest the Hero headlining show at Starlite Room

YONATHAN SUMAMO
for Metro Edmonton

One of Canada's biggest metal bands will be rolling into town tomorrow night.

The popular progressive metal band Protest the Hero will make a stop at the Starlite Room on 10030-102 St. as part of the tour Snocore 2010.

Snocore 2010 features a number of other bands, including Hawthorne Heights, TheSet and Elias. Protest the Hero is headlining.

Band member Arif Mirabdolbaghi had a little trouble pinpointing the source of Protest the Hero's success over the past few years.

"It's a bit of an anomaly. I'm not sure," Mirabdolbaghi said. "You defiantly don't play progressive rock to break a lot of the rules and have as much success as we are having."

The band released its first album, Kezia, in 2006 and their latest album, Fortress,



Protest the Hero of Whitby, Ont., plays the Starlite Room tomorrow.

in 2008.

Since then, they have received multiple honours, including a CASBY Award nomination and a Canadian Independent Music Award win.

Originally from Whitby, Ont., which Mirabdolbaghi called a "sleepy little suburb," the band has toured all over the world, visiting America, Japan and parts of

Europe.

Mirabdolbaghi explained that although it's been a while since the last album, the band has seen strong support from their fans while on tour.

"The tour is going well," he said. "Two years after a record comes out and you don't have much new content, so you can't expect many people to come out.

But the people who are there are seriously die-hard fans and they have done so much for us in the band."

After the tour, the band plans to get back into the studio and polish off a number of songs to get a new album out.

The 18-and-over show starts at 6 p.m. and tickets are still available through Ticketmaster.

Old barn makes it halfway during relocation

YONATHAN SUMAMO
for Metro Edmonton

U OF A Moving a 90-year-old barn is probably just as hard as it sounds, but that is exactly what the University of Alberta tried to do yesterday morning.

The barn, which used to sit on the corner of 65 Av-

enue and 118 Street on the U of A's south campus, only made it about halfway to its destination.

But the move is still considered a success, according to Pat Jansen, director of the Project Management Office.

"It went well for what we ended up achieving," Jansen said. "Our initial

plan was to move it all in one move, but we will have to break it up into two moves. The warm weather has made the ground soft, so we had to park it."

Jansen explained that the weather wasn't the only factor. Geometry and the structure of the building also had to be taken into account.

Nearly two months of planning went into moving the 125-tonne barn, which is 125 feet long by 42 feet wide and 40 feet tall.

The building, now used for displaying an agricultural collection, needs to be moved for the construction of the new GO Community Centre, a 200,000-square-foot sporting facility.

Development changes up for discussion

MEETING A public meeting is being held to discuss the proposed changes to the Groat Estate Implementation Plan and the zoning bylaw for properties in the Clifton area.

The proposed changes will allow for redevelopment of the properties for mixed uses: Single detached, semi-detached and row housing, three apartment towers (ranging in height from 16 to 25 storeys), and limited neighbourhood commercial uses. The amendment proposes to increase the number of dwelling units to 250.

The meeting takes place at the Robertson-Wesley United Church (10209-123 St.) on April 6 at 7 p.m.

METRO EDMONTON

\$3M provided for isotope technology

HEALTH The Government of Canada, through Western Economic Diversification Canada, has coughed up \$3 million to fund technology for medical isotopes.

The money will go to the University of Alberta to explore the testing and validation of processes and technologies by which medical isotopes can be manufactured and used by the health-care community.

"This investment in technology commercialization will allow Canada's best and brightest to get their products to market and to promote new approaches to isotope production," said Lynne Yelich, minister of state for Western Economic Diversification.

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Pakistani-Canadian terror suspect pleads not guilty in U.S. court

Tahawwur Hussain Rana is accused of providing material support to terrorists in the 2008 Mumbai terror attack that killed 166 people, including two Canadians. Rana entered a not guilty plea during a pre-trial court appearance in Chicago yesterday. **THE CANADIAN PRESS**

3

Canada/World

Afghan decision is clear: Cannon

Ending a long day of speculations over the future of Canada's involvement in Afghanistan, Foreign Affairs Minister Lawrence Cannon said the decision to end the military mission next year has been made "perfectly clear" to the United States.

His comments, during a

hastily-called news conference late last night, came shortly after U.S. Secretary of State Hillary Clinton asked Canada to extend its military mission in the war-torn country.

But Cannon reiterated the government's position that it will withdraw all of its 2,800 troops from the

southern province of Kandahar by July 2011, as Parliament has decreed.

"Let me be clear once again. Our military mission will end in 2011," Cannon told reporters.

He said the government is looking at non-military roles past that deadline.

THE CANADIAN PRESS

Militia members charged

Nine suspects tied to a Midwest Christian militia that was preparing for the Antichrist were charged with conspiring to kill police officers, then attack a funeral using homemade bombs in the hopes of killing more law enforcement personnel, federal prosecutors said yesterday.

The Michigan-based group, called Hutaree, planned to use the attack on police as a catalyst for a larger uprising against the government, according to newly unsealed court papers. U.S. Attorney Barbara McQuade said agents moved on the group because its members were

planning a violent mission sometime in April.

Members of the group, including its leader, David Brian Stone, also known as "Captain Hutaree," were charged following FBI raids over the weekend on locations in Michigan, Ohio and Indiana.

THE ASSOCIATED PRESS

News in brief

SUMMIT Canada moved to tamp down an apparent rift with the United States yesterday that saw U.S. Secretary of State Hillary Clinton make an early departure from a meeting of Arctic coastal countries. Clinton left a summit

of Arctic coastal countries after criticizing Canada — the meeting's host — for not inviting all those with legitimate interests in the polar region. Clinton said she had been contacted by indigenous groups disappointed

they were not invited.

TORTURE Canada should allow lawsuits against foreign officials accused of torture by people living in the country, an Ontario court heard yesterday.

THE CANADIAN PRESS

UN condemns subway attack

RUSSIA The UN's most powerful body approved a statement hours after yesterday's twin suicide bombings that killed at least 38 people and wounded more than 60, calling terrorism "one of the major threats against international peace and security." **THE ASSOCIATED PRESS**

News in brief

MASSACHUSETTS Nine teens have been charged in the "unrelenting" bullying of a teenage girl from Ireland who killed herself after being raped and enduring months of torment by classmates in person and online, a prosecutor said yesterday. Six teens — four girls and two boys — face charges including statutory rape, assault and stalking.

CHINA Rescuers pumped water from a flooded mine in northern China where time is running out for 153 trapped workers as efforts stretched into a second day with no communication from those stuck deep underground. The accident could be one of the worst mining disasters in recent years if rescue efforts fail.

THE ASSOCIATED PRESS

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Comment

Tories seeking Grit knockout blow

NationalReport

Lawrence
Martin

metronews.ca/nationalreport

Stephen Harper's chutzpah. There's nothing like it. Remember his election-finance manoeuvre of some time ago,

the one that stank the joint out, almost toppling his government?

It's back. The Conservatives have confirmed that the measure, which would eliminate the per-vote subsidy that political parties receive, will be part of their next election platform.

It's not such a dangerous time to reintroduce the plan. Still, one would think the prime minister wouldn't want anyone to be reminded of it.

What matters is Harper's determination to cripple the Liberals. He sees cancelling public funding as one of the principal ways. Take away the subsidy and it gives his Tories a big advantage because they are much better at fundraising. For example, in 2009, according to Elections Canada, the Conservatives raised almost \$18 million, the Liberals just more than \$10 million. They were followed by the NDP with \$4 million.

Money is key, not just at election time. Deep pockets allowed the Conservatives, among other things, to run effective attack ads against Stéphane Dion and Michael Ignatieff. The Grits didn't have enough swag to respond in kind.

The Tories don't have to worry that the opposition parties will rush to form a coalition to block the funding measure this time. The Governor General wouldn't turn power over to a coalition at this stage. There would have to be an election, one Harper would probably win.

Putting the funding measure in the campaign platform is the smart way to go about achieving the change. This way, the Tories can slip it in under the radar. It won't be a major campaign issue and if it does come up, they can argue that in difficult economic times, the public should not be funding political parties.

Opposition parties argue that a return to private financing of parties opens the doors to all kinds of abuses, some of which are seen in the U.S. system. But it's doubtful they would be complaining if they knew how to raise money like Harper and company.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Boomer onslaught threatens health care

InBusiness

Charles
Davies

metronews.ca/inbusiness

For decades, baby boomers have had a profound impact on just about every aspect of society, from art and popular culture to politics and economics.

Now, the demographic bulge that makes up close to one-third of Canada's population is getting old, and it's about to train the full force of its neediness on one of our most treasured institutions — the health-care system. The question is: Will the effect be merely great, or will this increasingly decrepit horde cause the collapse of health care, producing a tsunami across the economy? The answer is buried in the contradictory nature of the boomers themselves.

At the onset of senior citizenship, they're far perkier than their parents' generation at the same age. They're generally more active, they're working longer, they're embracing wellness in all its forms, and they can look forward to a steadily expanding life expectancy.

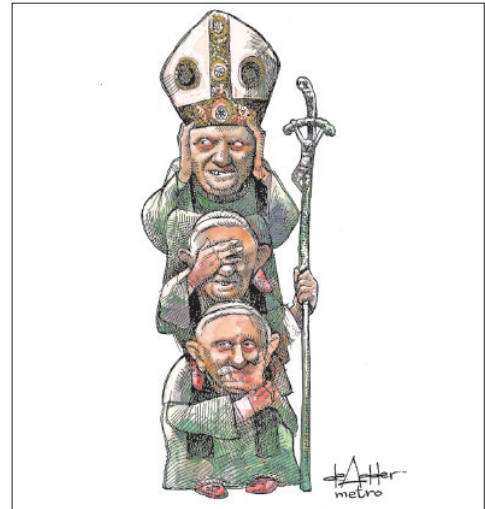
The stakes in the boomer health-care onslaught are high. This year, as the first of the boomers turn 65, Ontario will spend more than 46 cents of every dollar it takes in to fund health care. At the current annual rate of growth, the province will spend 50 cents on the dollar on health care by 2014.

Ontario isn't alone. Every province faces the prospect that health-care costs will spiral out of control.

Obviously much needs to be done to better manage the health-care system, to make it more efficient and effective. But much depends on baby boomers' attitudes and behaviour.

Senior boomers who lead healthy lifestyles won't just be helping themselves; they'll be helping all of us. Let's hope they eat their spinach.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.



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Canwest Global Communications Corp. says the Ontario Superior Court of Justice has extended the media company's creditor protection from bankruptcy until June 15. Canwest filed for protection from bankruptcy last fall after amassing \$4 billion in debts and getting squeezed by the recession-induced slump in advertising revenues. **THE CANADIAN PRESS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Strategy a mistake: TD

Economists and business leaders are warning the federal Liberals that they are about to repeat Stephen Harper's mistake in proposing to scrap billions of dollars in scheduled corporate tax cuts.

The federal Conservatives' two-point cut of the GST made for good politics but bad economics, economists have long complained.

Now they say Liberal Leader Michael Ignatieff is also attempting to take the easy political route in trying to raise an estimated \$6 billion in additional revenue, buying future votes at the expense of the long-term health of the economy.

On Sunday, Ignatieff said a Liberal government would freeze the corporate tax rate at 18 per cent, in-

definitely deferring a planned cut to 15 per cent until it's affordable.

But TD Bank chief economist Don Drummond said yesterday there is almost universal agreement among experts that the most destructive taxes are those on corporations and the least are sales taxes.

In 2006, the Tories cut the GST rather than what economists say would have been preferable — reducing income levies, particularly on lower-earning Canadians.

The moves proposed by Ignatieff would take billions of dollars from a corporate sector that is just emerging from a deep recession and needs the money to invest and modernize, economists said.

Canadian Chamber of

Commerce president Perin Beatty said the federal Liberals sprang the proposal without consulting with the business community beforehand.

"It was a surprise and an unpleasant one," he said. "We will be following up

with them to express our deep concern about this."

It is furthermore unclear whether Ottawa would gain as much as the Liberals believe, said Toronto-area economic consultant Dale Orr.

THE CANADIAN PRESS



Don Drummond

Mortgage rates rise

BANKING Two of Canada's biggest banks are increasing some of their residential mortgage rates effective today, in the latest sign that the era of historically low rates could soon come to an end.

The changes affect closed mortgages with terms of three, four and five years at RBC Royal Bank and TD Canada Trust. Rates for mid-term mortgages like these tend to reflect the banks' borrowing costs on bond markets.

The biggest increase announced yesterday affects five-year mortgages. Both banks are hiking their posted rate by six-tenths of a per cent to 5.85 per cent from 5.25 per cent.

A homeowner taking on a mortgage of \$250,000 at the new rate of 5.85 per cent over a 25-year amortization period would pay \$1,577 per month. Prior to today's hike, that mortgage would have cost \$1,489 a month, or \$88 less.

THE CANADIAN PRESS

Self-employment increases

ECONOMY A new study says self-employment rose substantially during the recent economic downturn, while paid employment declined.

Statistics Canada says layoffs among paid workers might account for some of the increase in self-employment, but not all of it.

The agency reports self-employment increased by more than 100,000, or 4.3 per cent, between October 2008 and October 2009.

Meanwhile, paid em-

ployment fell by 480,000, or 3.3 per cent.

StatsCan says 28 per cent of recently laid-off paid employees came from manufacturing industries while many of the newly self-employed were in services.


THE CANADIAN PRESS



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Rio Tinto fires four

LEGAL Unexpectedly harsh jail sentences of seven to 14 years for four Rio Tinto employees charged with taking bribes and stealing commercial secrets could augur tougher times for foreign companies and errant executives in China's unruly business world.

Seeking to protect its business ties from what it

termed the men's "deplorable behaviour," the mining giant promptly fired all four. The court's rulings against Australian citizen Stern Hu — sentenced to 10 years — and three Chinese co-workers suggest authorities are taking a sterner stance toward foreign companies.

THE ASSOCIATED PRESS

Cars Hybrid agreement



Toyota Motor Corp. Vice President Takeshi Uchiyama, left, and Mazda Motor Corp. Vice President Masaharu Yamaki during a joint press conference yesterday in Tokyo, Japan. The two announced that Toyota will provide its key gas-electric hybrid technology to Mazda under a licensing agreement.

Your Money

Claiming home reno tax credit

Alison OnMoney



As the April 30 federal tax deadline draws near, the hunt for deductions intensifies. One sweet gimme from Ottawa is the 2009 Home Renovation Tax Credit.

In order to be eligible for the credit, materials must have been paid for and work completed by the deadline. If a job straddled the deadline, whatever you paid up to Feb. 1 is claimable. However, if you have been billed by a contractor before the deadline but didn't pay until after you can still claim the amount. But deposits on work not yet begun or product not acquired, i.e. in your hands doesn't count.

Renovations to income property, whether it is a separate premises or part of the one you live in, won't qualify. Also, work can't have been done by a relative.

If your spending didn't hit the \$15,000 mark to claim the maximum grant here are a few things you might be overlooking: Permits; equipment rental; air conditioning; and even in-ground swimming pools all qualify. Some window treatments are eligible if they are considered permanent fixtures.

And don't forget materials for DIY jobs from lumber and tile to paint and nails. But if you bought tools in order to install your own toilet they, unfortunately, don't have the HRTC green light.

I expect the HRTC is going to be high on the CRA's radar. Make sure you have official proof of payment. For information go to cra-arc.gc.ca and search HRTC.

Alison Griffiths is a financial journalist, author and host of Moxed Out on the W Network. Write to her at griffiths.alison@gmail.com.

Preventing ID theft

HEATHER BUCHAN
For Metro Canada



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theft costs the Canadian economy \$2.5-billion a year, according to the Canadian Council of Better Business Bureaus. It is essentially the unauthorized possession, trafficking, or use of someone else's personal information.

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Miami Heat forward Dorell Wright says he is "embarrassed" that explicit photos of himself have been posted on the Internet. Though the team, Wright issued an apology yesterday, saying the matter "is something I truly regret." **THE ASSOCIATED PRESS**

Sports

EDITOR: DON.MCHOULL@METRONews.CA



Roethlisberger skips workouts

Steelers quarterback Ben Roethlisberger, left, accused of assaulting a female college student in Georgia, did not report to the team's off-season workouts. Team spokesman Dave Lockett said Roethlisberger will not work out with his teammates this week. The team apparently believes it would be a distraction for Roethlisberger to be working out at this time. **THE ASSOCIATED PRESS**



Goaltender Ilya Bryzgalov of the Phoenix Coyotes is introduced before a game at Jobing.com Arena earlier this month.

Jets coming home? NHL denies report Billionaire linked to Coyotes

The NHL says it has no agreement to move the Phoenix Coyotes to Winnipeg or anywhere else if owners cannot be found to keep the team in Arizona.

Deputy commissioner Bill Daly says that the league's focus remains on keeping the team in Glendale and "based on the communications and information" the NHL is receiving, those involved continue to be highly confident that the transaction can be completed.

Daly issued the statement yesterday in response to a report in the Phoenix Business Journal that Toronto billionaire David Thomson has an agreement in principle to potentially move the franchise back to Winnipeg if a buyer to keep the team in Arizona can't be found.

The league has been in talks with Thomson and Mark Chipman, who heads the company that owns the MTS Centre in Winnipeg, Daly acknowl-

edged, "regarding their potential interest in owning an NHL franchise and potentially bringing an NHL franchise back to Winnipeg."

"It remains an intriguing possibility and one we would consider given appropriate circumstances, but there is nothing new to report on that front at this time," Daly said.

The Winnipeg Jets moved to Arizona and became the Phoenix Coyotes in 1996, and the team has never turned a profit in the desert.

The NHL bought the Coyotes in U.S. Bankruptcy Court last year after an attempt by Canadian billionaire Jim Balsillie to buy the team and force a move to Hamilton was rejected. The league has said it would look into moving the team if no local owner is found by June. Any sale that would keep the team in Arizona would require a new lease agreement with the city of Glendale.

THE CANADIAN PRESS

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Buffalo 3 Boston 2
Carolina 4 Atlanta 1
Nashville 3 Florida 2 (OT)
Minnesota 3 Los Angeles 2
Anaheim 3 Dallas 1

OVERALL STANDINGS

EASTERN CONFERENCE

	GP	W	L	OL	GF	GA	PTS
z-Washington	75	49	15	11	292	214	109
dx-Pittsburgh	76	44	25	7	237	217	95
dx-Buffalo	75	42	23	10	215	189	94
x-New Jersey	75	44	26	5	203	183	93
Ottawa	76	41	30	5	205	216	87
Montreal	76	37	31	8	204	208	82
Philadelphia	76	38	32	6	221	220	82
Boston	75	34	29	12	190	189	80

WESTERN CONFERENCE

	GP	W	L	OL	GF	GA	PTS
Atlanta	76	33	31	12	224	240	78
N.Y. Rangers	75	33	32	10	197	203	76
Carolina	76	32	35	9	210	236	73
N.Y. Islanders	75	31	34	10	196	232	72
Tampa Bay	75	30	33	12	197	237	72
Florida	75	30	33	12	195	220	72
Toronto	76	28	35	13	202	250	69

WESTERN CONFERENCE

	GP	W	L	OL	GF	GA	PTS
dx-San Jose	76	47	19	10	247	198	104
dx-Chicago	74	46	21	7	241	191	99
d-Vancouver	75	45	26	4	244	195	94
x-Phoenix	76	47	23	6	210	187	100
Nashville	77	44	27	6	214	212	94
Detroit	75	39	23	13	207	197	91
Los Angeles	75	42	27	6	218	202	90
Colorado	75	41	27	7	225	207	89

EASTERN CONFERENCE

	GP	W	L	OL	GF	GA	PTS
Calgary	76	38	29	9	194	193	85
St. Louis	75	36	30	9	203	205	81
Anaheim	75	36	31	8	211	227	80
Minnesota	76	37	33	6	208	226	80
Dallas	76	33	39	14	216	238	80
Columbus	76	31	32	13	204	243	75
EDMONTON	75	24	44	7	190	255	55

x - clinched playoff berth; z - clinched conference; d - division leaders ranked 1-2-3 regardless of points

NBA

YESTERDAY'S RESULTS

Toronto 103 Charlotte 101
Dallas 109 Denver 93
New Jersey 90 San Antonio 84
New Orleans 108 L.A. Lakers 100
Utah 103 New York 98

Raptors record crucial victory

NBA Their post-season hopes suddenly in jeopardy, and with their \$53 million US shooter now an unwanted distraction, the Toronto Raptors came to Charlotte angry and on the edge of implosion.

The Bobcats' meek, nervous response showed a playoff race is still new to them.

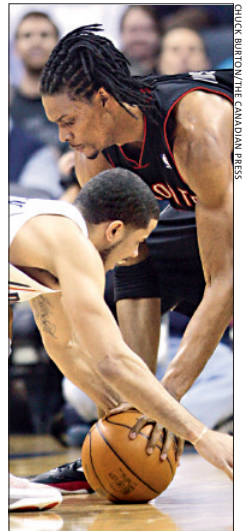
Chris Bosh had 22 points and 11 rebounds, Hedo Turkoglu hit the go-ahead three-pointer a day after getting benched, and the Raptors beat the Bobcats 103-101 last night in a matchup of two of the five clubs jockeying for the final four playoff spots in the Eastern Conference.

"We needed this game," said Turkoglu, who came off the bench to score 11 points. "Chicago is right on our tail."

The Raptors (36-37) entered having lost three straight and 13 of 17, but they managed to snap Charlotte's three-game winning streak to stay in eighth place in the East, a game ahead of the idle Bulls with nine games left.

The Bobcats (38-35) stayed in seventh in the East, but surrendered the tiebreaker to Toronto and saw their lead over ninth-place Chicago fall to three games.

Turkoglu, who signed a \$53 million, five-year free-



Toronto Raptors Chris Bosh and Charlotte Bobcat D.J. Augustin, left, battle for a loose ball last night.

agent deal with the Raptors in the off-season, was a healthy scratch for the first time in seven years Sunday in Miami. It came after he was spotted out on the town Friday night — hours after he missed a home loss to Denver with what was called a stomach virus.

Coach Jay Triano, asked before the game if he was concerned if Turkoglu would accept his indefinite role as a reserve replied, "Probably more readily than not playing at all."

Turkoglu checked in with 1:50 left in the first quarter and hit two three-pointers and a mid-range jumper in the first half, but was 0-for-3 in the second half before his three put Toronto ahead for good. **THE CANADIAN PRESS**

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Sports in brief

SOCCER Carlos Tevez's 13-minute hat trick gave Manchester City a 3-0 victory over 10-man Wigan yesterday to stay within two points of the final Champions League place. Liverpool had beaten Sunderland 3-0 Sunday to move to fifth but City reclaimed the position and is two points behind fourth-place Tottenham.

NBA The chief executive of the New Jersey Nets will have lunch with a fan who recently wore a brown bag over his head to protest the team's woeful season. Nets CEO Brett Yormark and Chris Lisi of Middletown, N.J., will sit down for lunch today at the Nets' headquarters.

NASCAR Denny Hamlin surged to the front after a blunder and won the rain-delayed NASCAR race at Martinsville Speedway in a wild finish. The victory was Hamlin's second straight on the shortest, oldest track in the Sprint Cup Series.

BASKETBALL Centre Cole Aldrich, who helped lead Kansas to its sixth straight Big

12 title, is headed for the NBA. The six-foot-11 junior made the announcement in a news conference yesterday. Aldrich averaged 11.3 points and 9.8 rebounds for the Jayhawks, who were the overall No. 1 seed in the NCAA tournament before they were upset by Northern Iowa.

SOCCER Arsenal says captain Cesc Fabregas could still play against Barcelona tomorrow in the Champions League quarter-finals after receiving treatment for bruising on his knee and leg. Arsenal said the Spain midfielder is "fighting to be fit" after being injured in Saturday's 1-1 draw at Birmingham.

BASEBALL Washington Nationals general manager Mike Rizzo said right-hander Stephen Strasburg will make his minor-league debut for double-A Harrisburg against Altoona April 11. Strasburg was optioned to Harrisburg March 20 after going 1-0 with a 2.00 ERA in nine exhibition innings.

METRO NEWS SERVICES

Els hangs on to win Palmer Invitational

GOLF Ernie Els made two clutch par putts, escaped trouble from a buried lie in the bunker and wound up wearing a blue blazer yesterday for winning the rain-delayed Arnold Palmer Invitational.

Suddenly, it's easy to picture him in a different colour jacket two weeks from now.

Els overcame a few nervous moments with four solid pars to wrap up a 1-under 71 and win by two shots at Bay Hill, giving him back-to-back victories for the first time in seven years and setting

himself up as a favourite at Augusta National.

"I'd like to put this jacket in some dye," Els said at the trophy presentation. "Some green dye."

Coming off a four-shot victory in the World Golf Championship at Doral two weeks ago, Els had to work harder than he should have for his 18th career victory on the PGA Tour.

Stephen Ames of Calgary (75) was 30th while Mike Weir of Bright's Grove, Ont., shot 74 to finish 40th.

THE ASSOCIATED PRESS

Sabres top Bruins

The surging Buffalo Sabres notched their sixth win in seven games, beating the Boston Bruins 3-2 last night. **THE ASSOCIATED PRESS**

sports 9

From biz to basketball

The biggest chance Brad Stevens ever took, the best game plan he ever drew up, had nothing to do with a prized recruit or some brilliant set of Xs and Os scrawled out on a greaseboard.

Instead, it came on the day he decided to scrap the business route and go all-in with his first love, basketball.

Ten years after he took the chance and quit his marketing job at a pharmaceutical company to get into the coaching business, the 33-year-old Stevens has led Butler to the Final Four — one of the youngest to ever take a team this far.

He's also a record holder — with more wins than anyone in his first three seasons as a head coach, at 88 and counting.

"Right now," Stevens said of the decision to leave Eli Lilly, "it looks like a great idea. At the time, I thought it was something I really wanted to try and really wanted to do."

Brad Stevens

Stevens said he never put a timeline or a deadline on his coaching pursuit, even though the money at the entry level of that profession lands most people below the poverty line.

"I was told by a person at Lilly, early in my time, that the secret is just to do the job to the best of your ability and don't worry about anything else," Stevens said. "You never put a timeline on anything else, and just try to do the job you're assigned, and do it well."

To get in the door at Butler, Stevens got Thad Matta to hire him as a low-paid administrator.

When Matta left, Todd Lickliter became head coach and made Stevens a full-time assistant.

Lickliter's departure for Iowa at the end of the 2006-07 season put Butler in a bind — without much time to find a replacement, lest the Bulldogs lose a grip on their recruiting class.

Lickliter left on a Monday. Stevens had an interview on Tuesday, another on Wednesday and a contract by Wednesday night.



CHRISTIAN PETERS/GETTY IMAGES

Butler head coach Brad Stevens quit his marketing job 10 years ago to pursue a career in basketball. Today, he finds himself one of the youngest coaches to ever lead a team into the Final Four.

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The Sacramento Kings say swingman Dominic McGuire will miss the rest of the season with an injured right foot. The team says tests conducted yesterday in Indianapolis confirmed that McGuire has a torn right plantar fascia. He hurt himself in the first quarter of Sunday's 97-90 loss in Cleveland. **THE ASSOCIATED PRESS**



LARRY MACDONALD/THE CANADIAN PRESS

Former Calgary Flames head coach Jim Playfair, now with the Abbotsford Heat of the AHL, is paying for his meltdown during a game over the weekend.

'It is what it is,' Playfair says of tirade

A screaming, stick-breaking meltdown caught on video has turned Jim Playfair into an Internet sensation.

The intense but usually controlled head coach of the American Hockey League's Abbotsford Heat became enraged over the weekend following a call by referee Jamie Koharski during a game against the Hamilton Bulldogs.

A jaw-dropping video on the Internet shows Playfair violently shattering two sticks and ripping off his jacket while screaming at officials.

The video had drawn more than 600,000 views on YouTube as of yesterday afternoon. It even made CNN.

Playfair isn't proud of the outburst but he's not sure he needs to say sorry either.

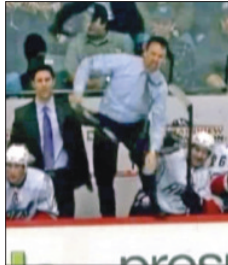
"It is what it is," a soft-spoken Playfair said yesterday after the Heat practised. "I'm not going to apologize for it."

"It's part of the emotion level you have to have to get to be a professional person. That's what happened."

The former NHL player and Calgary Flames coach seemed composed but uncomfortable in the glare of attention the incident has attracted.

He shifted from foot to foot while he patiently answered questions from the larger-than-normal media turnout.

He would have rather talked about last night's



THE CANADIAN PRESS

In this image from a video, Abbotsford coach Jim Playfair throws a tantrum on the team bench after a penalty call.

key divisional game against the Manitoba Moose. Instead, Playfair had to find an explanation for something that most people found unexplainable.

"It's not something you are proud of," said the 45-year-old.

"It isn't my proudest moment, for sure. It's not to the point where it's embarrassing."

"It is what it is. I can't take it back. I can have you check my history and it's just not something I do consistently. It's not a motivational tool."

"It's something that happened in the heat of the moment."

An AHL spokesman said Playfair has been fined an undisclosed amount for the incident.

Asked the amount of the fine, Playfair only smiled.

"Ask my wife," he said. "She pays the bills."

THE CANADIAN PRESS

Bayern Munich and Man U prepare for crucial matches

SOCCER Bayern Munich and Manchester United go into a crucial week at home and abroad that starts with their Champions League showdown today.

After the first leg at the Allianz Arena, both teams play potentially season-deciding matches in their domestic leagues before the return leg in Manchester.

Bayern goes into the match with its confidence shaken by two straight Bundesliga losses that have knocked the team from

Rest for Rooney

United manager Alex Ferguson rested top scorer Wayne Rooney and defender Rio Ferdinand on Saturday but said their absence was just a precaution ahead of a

"big week" for his side. "They were just a bit tender," Ferguson said. "They've all done their job well and I'll have Rooney and Ferdinand available for Tuesday."

the top of the standings. Bayern's 2-1 loss at home to Stuttgart and Schalke's 2-0 win at Bayer Leverkusen gave Schalke a two-point lead ahead of Saturday's match with Bay-

ern in Gelsenkirchen.

"We are playing at home and at home we can do a lot of things. Even if we lost the last home game we still have plenty of confidence," Bayern coach Louis

van Gaal said yesterday. "We are facing a level-one team. We are still not a top club at that level but we can surprise any team. We can reach that level for one game."

Manchester United warmed up for the Champions League with an emphatic 4-0 win over Bolton in the Premier League. After Bayern, United faces Chelsea on Saturday with a one-point lead over its closest rival for the title.

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Venus advances to quarter-finals

TENNIS Thrusting a clenched fist toward the far end of the court before the final point, Venus Williams telegraphed her intentions.

Her next shot packed plenty of punch: a 121-m.p.h. serve that handcuffed Daniela Hantuchova, who avoided injury but was unable to put the ball in play.

With that, Williams

won 1-6,

7-5, 6-4

yesterday

to reach

the quar-

ter-finals

of the

Sony Eric-

sson

Open. She

trailed al-

most the

entire

match

and then

surged across

the finish

line, winning

the final

seven points.

"I was a little

bit off and

struggling to

find the

court," the

No. 3-seeded

Williams said.

"Of course

I'd like to win

more

straightforward,

but when

it counts and

times get

tough, I always

feel confident

that I'm going

to find a way

to win."

She did that

in the last

game. Williams

smacked

service winners

on the first

two points,

then yanked a

screaming fore-

hand cross court

past a

lunging Hantuchova,

which prompted

the fist pump.

Then came the

clenching serve.

"I'd like to play

every game like

that," she said.

"It was a perfect

game."

In men's doubles

action Toronto's

Daniel Nestor

and Serbian

partner Nenad

Zimonjic lost

out to Nicolas

Almagro and

Tommy Robredo

4-6, 6-2, 10-5.

While Williams

averted an upset,

seeded Svetlana

Kuznetsova

and defending

champion Victoria

Azarenka lost.

THE ASSOCIATED PRESS

Ex-Dodgers CEO wants husband to pay \$1M in spousal support

COURT Los Angeles Dodgers owner Frank McCourt and his estranged wife squared off in court for the first time yesterday in a bitter divorce case that featured the couple's high-flying spending habits after the team was purchased in 2004.

The court hearing, only a mile from Dodger Stadium, centred on whether Jamie McCourt should be awarded nearly \$1 million US a month in temporary spousal support.

Sorrell Trope, an attorney for Frank McCourt, of-

fered her \$150,000 in monthly assistance and argued his client can't tap credit lines to maintain Jamie McCourt's lavish lifestyle, despite Frank McCourt's \$5 million annual salary.

"If we look at this case, realistically, you can't order Mr. McCourt to borrow money to pay support," Trope told Superior Court Commissioner Scott Gordon.

The details of the couple's 30-year marriage seemed more of a dream than a reality. From pri-

vate jets to stays at five-star resorts, the lawyers threw out a slew of dizzying figures that indicated the McCourts may have been spending beyond their means.

Most of their assets are tied up in real estate, including Dodger Stadium and the land around it.

"These people have lived their lives with borrowed money," Trope said.

"They have to stop spending. This isn't the federal government."

THE ASSOCIATED PRESS

Buy a daffodil and make a difference

This week marks the launch of Daffodil Month, when volunteers from the Canadian Cancer Society start going door-to-door selling daffodils to raise money to eradicate cancer and enhance the quality of life for people living with the disease. cancer.ca. **METRO NEWS SERVICES**



Health & Beauty

EDITOR: EMMA.YARDLEY@METRONEWS.CA

Blossoming beauty

JANINE FALCON
for Metro Canada

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MAC GIVE ME LIBERTY BEAUTY POWDER and **EYE SHADOW** are part of an exuberant, colourful limited collaboration with boho-chic Brit label Liberty of London. \$30 and \$17.50 respectively, MAC stores and maccosmetics.com.



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ANNA SUI NAIL COLOUR puts flowers at your fingertips with shiny lacquer in her signature floral bottle. \$15, Sears.



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QUO JUMBO LIP-GLOSS PENCIL in **PINK PETAL** makes colouring inside the lip lines girly fun. \$12 at Shoppers Drug Mart.



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PHOTOS.COM

Makeup and making out

The J Spot

Josey Vogels

metronews.ca/thejspot

Makeup has been around ever since an early ancestor fell out of the trees and decided clay streaks would be "in" that season. Or as early as 3,000 BCE, if you're fussy about dates.

Throughout history, makeup was a signifier of wealth and status. For example, early aristocrats powdered their faces so their paleness would distinguish them from their sun-weathered, field-working subjects. Predictably, once the poor folk got herded from the fields into the factories, sun tanning became de rigueur.

Wearing makeup is also sexual. According to the book *Sexual Secrets: The Alchemy of Ecstasy*, "cosmetics and ornaments have played a major part in sexual ritual." As part of ancient Tantric practices, "the application of coloured cosmetics to various body parts stimulated and concentrates energy there."

In all cultures, the book adds, cosmetics help make the beautiful look exquisite and the ordinary special.

Makeup has also been used historically to indicate sexual availability. In ancient Rome, for example, prostitutes painted

their mouths red to indicate that oral sex was on their "will-do" list.

And, in the book *The Secrets of Sexual Body Language* it states that "makeup mimics the changes that take place in your body when you become sexually aroused. When you're excited, your pupils enlarge — making your eyes look darker and bigger — your cheeks flush and the lips swell and darken."

Perfume's all about sex, too. When we have sex, the body sweats and releases a musky odour. That's why most perfumes are derived from animal scents. You might say it brings out the beast in us. The

women of ancient Egypt and Rome knew this.

"Perfume was used in their hair and on their clothing and furnishings, as well as in baths," the

Body Language book tells us. Even as far back as 4,000 BCE, wealthy women were using perfumed oils to anoint their bodies.

And jewellery? Next time you're having sex, watch your partner's earlobes swell. In some parts of Africa, long earlobes are seen as the ultimate standard of beauty, and a girl's earlobes are punctured and stretched systematically to increase desirability.

Back in mid-17th-century Europe, those funny neck ruffles were worn to emphasize a woman's neck. Apparently, some of these collars were so large, it made it almost impossible for her to eat.

It's amazing the lengths we'll go to get some action.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

12 health & beauty



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- **YOGURT** It has more calcium than milk and helps keep a

healthy digestive track as well as builds strong bones ... yours and your baby's.

- **WHOLE GRAINS** (brown rice, pasta and bread) Gotta keep that fibre intake up.
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ROMINA MCGUINNESS/
METRO
WORLD NEWS



Breasts are the best for baby



Breastfeeding your new baby exclusively until they are at least six months old is recommended.

CELIA MILNE
for Metro Canada



If you are breastfeeding or planning to breastfeed, hang in there. A Toronto-based study has found that new moms don't breastfeed as long as they should for the optimal health of their babies.

"The goal is exclusive breastfeeding to six months because we know that confers the greatest health benefit for babies and mothers," says Olga Jovkovic, a registered nurse and manager for Toronto Public Health's Healthy Families program. But the study, which sur-

veyed 1,518 first-time moms, found that only 17.5 per cent stuck to that goal. Cracked nipples, painful over-swollen breasts and thinking that the baby isn't getting enough milk can derail the efforts.

Breastfeeding is so healthy for babies. It reduces their risk for ear infections, gastrointestinal problems and colds.

It's also somewhat protective against being overweight and developing diabetes later in life.

For moms there are benefits too. It reduces the risk of certain cancers such as ovarian and breast cancer, and also the risk for devel-

"It reduces their risk for ear infections, gastrointestinal problems and colds ... for moms there are benefits too. It reduces the risk of certain cancers such as ovarian and breast cancer."

oping diabetes.

It is recommended by the Registered Nurses' Association of Ontario and all levels of government in Canada, based on medical

evidence, that women continue to breastfeed their babies, at least part-time, for at least two years.

The vast majority of women do initiate breastfeeding — 96 per cent, according to the Toronto study. Most (73 per cent) continued at least some amount of breastfeeding for the next six months. This statistic is much lower in other parts of Ontario, where only about half of moms continued for six months.

Many women worry they don't have enough breastmilk, and start supplementing with formula.

"Most women do in fact have enough milk. They just don't recognize the signs that their baby is getting enough," says Jovkovic.

Breastmilk is digested more easily than any other foods, so babies may wake up more frequently, but this doesn't mean they're not getting enough nutrition. In fact, waking up — though tiring for the parents — is a good thing because it's protective against sudden infant death syndrome, says Jovkovic.

To gauge whether the baby is getting enough nutrition through breastmilk, nurses check how often the baby urinates, whether they seem satisfied after they feed, and whether they're active and alert when they're awake.

In every community, women can reach out for help from public health nurses, lactation consultants, midwives, clinics, and the Laleche league.

From research, experts know when problems such as cracked nipples and painful swollen breasts are most likely to arise, and can educate moms about how to solve them.

Often, it's a question of modifying position and latch, says Jovkovic.

ADVERTISING FEATURE

Revolutionary Probiotic Gum Makes your Mouth a Healthier Place Promises Renowned Microbiologist

We have all heard that the eyes are the windows of the soul. Now a probiotic research scientist from New Zealand is telling us that our mouths are the front door to a lifetime of good health.

"Probiotics are friendly, health-promoting bacteria," says **Professor John Tagg**, a world-renowned microbiologist at the University of Otago in New Zealand. "Everyone knows about the importance of probiotics for the digestive tract. But for good oral health and overall immunity, we also need oral probiotics that are specific to our mouths."

He should know! When Professor Tagg was a boy of 12, he suffered from a strep throat infection that led to an attack of rheumatic fever, a serious condition that can cause permanent heart damage. Consequently, he was on antibiotic drugs for 10 long years. This personal experience inspired him to devote his life to finding friendly probiotic bacteria that prevent strep throat and other infections that enter through the mouth. After many, many years of dedicated research, he discovered BLIS!

BLIS, which stands for Bacteriocin-Like-Inhibitory-Substance is an advanced oral probiotic. **BLIS K12** is a naturally occurring component of the *S. salivarius* probiotic strain.

"My published research studies show that BLIS K12 controls the undesirable and disease-causing bacteria that cause bad breath, strep throat, thrush, and ear and upper respiratory infections" explains Professor Tagg.



Professor John Tagg

"BLIS K12 probiotic bacteria also promote general oral health and help prevent tooth decay and gum disease." Professor Tagg's BLIS K12 probiotic is now available in Canada as **CulturedCare Probiotic Gum** with BLIS K12. It is made in Canada by **Prairie Naturals**, an established, family-owned nutritional supplement company in BC.

"Gum is an ideal way to 'seed' BLIS K12 probiotic throughout the mouth and throat where it will begin to colonize and grow. Chewing just one piece of CulturedCare Probiotic Gum daily provides protection for teeth, gums, throat and ears," says Professor Tagg.

Made with proprietary cold-pressed technology, CulturedCare Probiotic Gum with BLIS K12 contains the therapeutic dosage determined by Professor Tagg's research. Its potency and purity are confirmed through independent testing in government licensed laboratories in Canada, New Zealand and the US.

"May the BLIS be with you!" This has become the mantra of the professor who discovered the powerful effects of BLIS K12 - a revolutionary probiotic.

For more information about Professor Tagg and CulturedCare Probiotic Gum with BLIS K12, please visit: www.culturedcare.com



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Understand what you're eating

Post Shredded Wheat has launched a new website postshreddedwheat.ca, developed by nutritionists. It lists the ingredients of breakfast cereals, what they mean in layman's terms and serving suggestions. **METRO NEWS SERVICES**

Food



Bowls of festivity

Collect your egg hunt finds or serve Easter breakfast in these rabbit-adorned stoneware bowls. Exclusive to the President's Choice Home collection, these colourful bowls also make the perfect festive gift. A set of these four dishwasher- and microwave-safe bowls is available at Loblaws stores for \$9.99. For store locations, visit loblaws.ca.

METRO NEWS SERVICES

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



This lamb dish is celebrity chef Marcus Samuelsson's idea for a perfect Easter lunch.

Easter lunch

Celeb chef suggests lamb with a twist

ELISABETH BRAW
Metro World News

Easter is one of the few times of the year when lamb gets the most prominent spot on the table. And people who don't usually eat meat love a rack of lamb. Lamb it's easy to cook, too.

Marcus Samuelsson, the executive chef at New

- Salt and freshly ground black pepper
- ¼ cup panko bread crumbs

METHOD:

1. Preheat oven to 400°F.
2. Combine the miso, butter, chili powder, egg yolk, and sage in a small bowl. Set aside.
3. Heat the olive oil in a large sauté pan. Season the lamb with salt and pepper. Add the lamb to the pan and sear until browned, 2 to 3 minutes on each side. Let cool slightly, then smear the miso-butter mixture over both sides of the lamb. Firmly press the panko into the miso-butter mixture on the rounded side of each rack.
4. Place the racks, rounded fat sides up, in a roasting pan. Roast until an instant-read thermometer inserted into the center of the rack reads 125°F, 15 to 20 minutes.
5. Transfer the lamb to a cutting board and let rest for 5 minutes. Serve with the broccoli rabe red curry.

and simmer for 30 seconds. Strain and rinse with cold water. Pat dry.

2. Heat 2 tablespoons of the olive oil in a large pot over medium heat. Add the mustard seeds, cumin, coriander seeds, onion, garlic, lime juice, lime leaves, curry leaves, ginger, and curry paste and sauté until fragrant, about 3 minutes. Add the coconut milk and 2 cups water. Bring to a simmer and cook for 15 minutes.

3. While the liquid is simmering, heat the remaining 3 tablespoons olive oil in a large sauté pan over high heat. Add the potatoes and sauté for 3 to 4 minutes. Reduce the heat to medium and add the almonds. Cook with the potatoes until golden brown, 4 to 5 minutes. Remove from the heat and set aside.

4. Stir the broccoli rabe and potato mixture into the simmering liquid and heat through. Stir in the yogurt and garnish with the cilantro. Season with salt.

RECIPE COURTESY OF
MARCUS SAMUELSSON, NEW
AMERICAN TABLE
(WILEY, 2009)

Grub and global warming

BOOK Want to save the planet? Check what's at the end of your fork.

From production to consumption to waste, the world's food system accounts for a hefty slice — about 33 per cent — of what's heating up the planet, says Anna Lappé in her book, *Diet for a Hot Planet*, to be published April 10. She argues that we need to radically change how food is produced and what we eat.

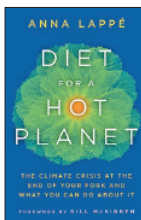
Lappé is co-founder of the Small Planet Institute, a

nonprofit research network, and was named one of Time magazine's "Eco Who's Who."

She is the daughter of Frances Moore Lappé, author of the 1971 bestseller *Diet for a Small Planet* about the environmental and social impact of food choices.

"I see my book as continuing the conversation," says the 36-year-old author. "There's another part to the story, the climate cost to the planet."

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Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

Lamb's match

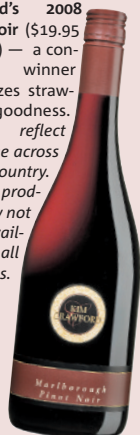
W e never ate lamb when I was a kid. My mother just didn't have the heart to cook anything that looked so cute. Don't tell mom, but as an adult I've more than made up for my years of eating abstinence and am sure to see a leg (maybe even a rack) at a meal or two over the up-coming

holiday weekend.

Unlike other headline holidays (where turkey is king) Easter's association with lamb makes for an interesting change of pace on your plate and a wine lover's dream date because the meat is open to just about any liquid match. While a red from France's Bordeaux region or the Rioja in Spain are textbook pairings; a red with a touch of spice like Trapiche's 2007 Broquel Malbec (\$15.95 - \$16.49) from Argentina is a hip alternative.

If not lamb, you may be having ham this Sunday. Depending on the cooking style, your bottle will wind up battling either saltiness or sweetness. A fruity Frenchman from Beaujolais makes for a nice marriage, as would a red made with pinot noir. Go New Zealand and Kim

Crawford's 2008 Pinot Noir (\$19.95 - \$24.99) — a consistent winner that oozes strawberry goodness. Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

York's famous Aquavit restaurant, cooked President Obama's first state dinner.

But for Easter, even the most culinary-challenged person can cook a delicious lunch. Samuelsson, who was born in Ethiopia and raised in Sweden, tells Metro's readers how to make a delicious Easter meal with a new twist.

Miso-Rubbed Rack of Lamb with Broccoli Rabe Red Curry

SERVES 4

Lamb

INGREDIENTS:

- 2 Tbsp dark miso
- 1 Tbsp Spiced Butter or unsalted butter
- 1 Tbsp mild chili powder
- 1 large egg yolk
- 1 Tbsp chopped sage
- 2 Tbsp olive oil
- 2 frenched racks of lamb (1½ pounds each)

Broccoli Rabe Red Curry

INGREDIENTS:

- 2 cups broccoli rabe (about ½ bunch)
- 5 Tbsp olive oil
- 2 teaspoons black mustard seeds
- 1 teaspoon ground cumin
- 1 teaspoon coriander seeds
- 1 red onion, chopped
- 4 sliced garlic cloves
- Juice of 2 limes
- 2 kaffir lime leaves
- 2 curry leaves
- 1 2-inch piece ginger, peeled and finely chopped
- 2 Tbsp red curry paste
- ½ cup coconut milk
- 2 small Yukon Gold potatoes, peeled and cut into ¾-inch cubes
- 2 Tbsp chopped blanched almonds
- 2 Tbsp of yogurt
- 1 Tbsp chopped cilantro
- Salt

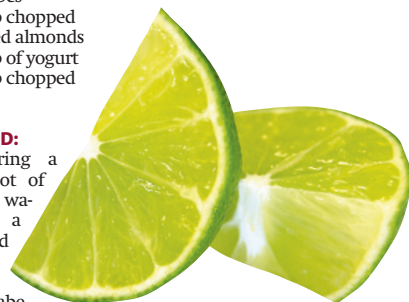
METHOD:

1. Bring a large pot of salted water to a boil. Add the broccoli rabe

Side dishes

- Serve your lamb with potato salad and roasted root vegetables like carrot and beet. Root vegetables are particularly delicious in the spring. Spinach is another tasty choice.
- Roast herbs like chives, rosemary and lavender with the lamb. In the spring they taste so much better than basil and oregano.

METRO WORLD NEWS



Demi Moore and Ashton Kutcher have launched a new campaign against child slavery in earthquake-ravaged Haiti to put a stop to the unethical practice. The pair has teamed up to voice their concerns over the country's "restavec" system. FEMALEFIRST.CO.UK

Entertainment



Foxx on Fox

Almost 20 years after his breakout role on *In Living Color*, Jamie Foxx may be headed back to Fox for another sketch-comedy show, according to *The Hollywood Reporter*. TVGUIDE.COM

EDITOR: DEAN.LISK@METRONews.CA

Fans choose nominees for MTV Movie Awards

MOVIES Film fans will choose the nominees and winners of the 2010 MTV Movie Awards.

Viewers of the irreverent awards show can log on to movieawards.mtv.com and submit their choice nominees in 13 categories. Submissions will be accepted until April 9.

Any 2009 film or performance is eligible for consideration in categories including best villain, best fight and best kiss.

MTV added three new categories to the competition this year, and the titles of two are so racy they can't be printed here. The two unmentionables are action- and horror-related. The third is best global superstar, and for the first time in MTV Movie Awards history, voting in that category will be open worldwide.

Last year's new category, best WTF moment, is returning for the 2010 awards. Other categories include best performance, best breakout star and best movie.

Fans will also pick the winners of the show's golden popcorn trophy by voting online from May 11 to June 5. **THE ASSOCIATED PRESS**

Idol running on empty

Despite strong ratings, Cowell departure could signal end of reality show

TheAudioFiles



Bryan Borzykowski
metronews.ca/music

When American Idol debuted in 2002, I will admit I was I excited. Getting a bunch of unknown, untrained singers to perform for Simon Cowell, the surly British producer, was an intriguing concept — and when they showed the terrible audition tapes, I was hooked.

I wasn't sure what to make of a show that would create a superstar out of nothing, but when Kelly Clarkson won — far and away the best singer on season one, and maybe the best voice to ever grace the program — I was shocked that the American public actually knew what they were doing.

Well, that was eight years ago and a lot has changed. After the 10 contestants still left on this



Paula Abdul quit American Idol last season. Simon Cowell won't be back after this one.

season get whittled down to one, Cowell's taking off to host the U.S. version of *The X Factor*, the hit British TV singing competition, Ellen DeGeneres is the new Paula Abdul without the Vicoden-induced loquaciousness, and the show's fans lost their ability to pick a winner a long time ago.

Idol, according to Fox, is staying on the air, but what they should really do is take a big red marker to their master programming schedule and cut the program out. They'll never do

that — it still draws around 20 million viewers a night, though that's down significantly from the first few seasons (about 50 million people watched the season one finale) — but these days it's not adding much value to the lives of music fans.

The biggest disappointment has been its inability to create stars. Every season thousands upon thousands of people try out for the show, and while plenty of hopefuls have no idea how to sing, you'd think

there would be at least be a few more Clarksons out there. In reality, there's usually one standout, and that person doesn't always win. Take last year — flamboyant rocker Adam Lambert was a shoo-in, but the forgettable Kris Allen took the Idol title.

For every Carrie Underwood, there's a Ruben Studdard; at least a few of the singers who do have talent

but don't win — like Jennifer Hudson — have still found successful careers. If the show entertains people, makes the network money and still produces a few big hits every couple seasons or so, then what's the big deal, right?

Well, it feels like the talent is getting thinner and thinner every season. I only like Crystal Bowersox, a guitar-slinging Janis Joplin-meets-Tracy Chapman character. The rest sing well enough but won't make a real mark once their Idol run ends. The quality of music put out by former Idol contestants is nothing to write home about either — besides Clarkson's 2004 disc *Breakaway*, with *Since U Been Gone* on it, the offerings mostly add more noise to an already packed pop field.

Plus, there are other ways to discover new stars. MySpace and YouTube have generated a few big names, so we don't need the TV talent show to save the record industry anymore. (Not that it did.) It might be time to make stars the old fashioned way again — through hard work and good music.

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

We don't want to tell you what happens in this
#1 NEW YORK TIMES Bestseller
because we don't want to spoil it, so we'll just say this ...

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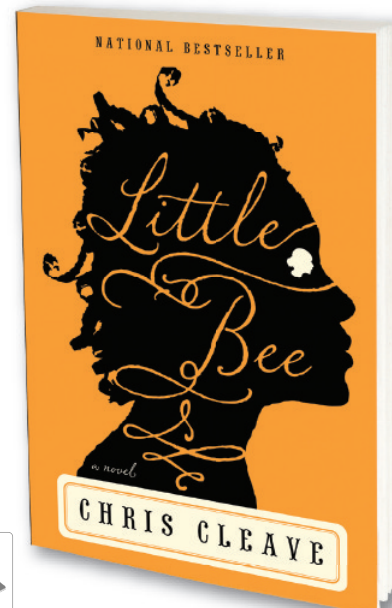
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"ENTHRALLING."

—THE GLOBE AND MAIL

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—LIBRARY JOURNAL



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ANCHOR CANADA



Big Bang Theory gets a little Blossom in their lives

Blossom star Mayim Bialik has landed a possibly recurring role on *The Big Bang Theory*, Entertainment Weekly reports. The 34-year-old actress will play Victoria, a potential love interest for romantically apathetic Sheldon. **TVGUIDE.COM**

Living through the Pacific

Dr. Sidney Phillips has become the voice of the men of *The Pacific*, HBO's Second World War miniseries.

He's the survivor among the drama's four central figures, with the others claimed by the war or the decades that followed.

The 85-year-old physician has shouldered the task of spokesman with grace and good humour, fielding media interviews and, at the request of The Associated Press, online queries from viewers about his combat experience and life afterward.

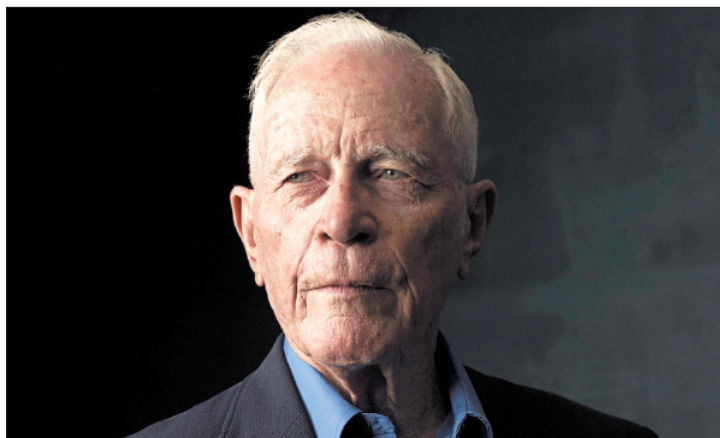
Phillips, who was 17 when he enlisted in the Marines the day after the Dec. 7, 1941, Japanese attack on Pearl Harbor, endured four months of brutal fighting on Guadalcanal and joined in the invasion of another Pacific theatre island, New Britain.

He returned to Mobile, Ala., where he raised three children with his wife, Mary, who died in 2000.

The *Pacific*, with actor Ashton Holmes as the young Pte. first class Phillips, debuted March 14 and airs new episodes at 9 p.m. Sunday through May 16.

Q What is your best memory of that chapter of your life, and what is your worst?

A There was so much comedy, there was so much joking,



Second World War veteran Dr. Sidney Phillips, who is portrayed in the HBO series *The Pacific*, says he hopes the show will revive patriotism and teach history to young people.

there was so much insulting one another; Marines never said anything nice to one another. ... I still don't know if the public understands that foolishness and nonsense were very important. I think men hid behind that, rather than to say, "I'm scared to death."

I really think the worst memory were the living conditions — the standing in line for two tablespoons of beans and a tablespoon of corned beef for four hours on a troop ship. ... There were two meals a day, and that went on for weeks and weeks and weeks. Then, when we got ashore, we had a whole

regiment, which is 3,500 men, with dysentery, diarrhea and no toilet paper. If there hadn't been an ocean there, we would have been in serious trouble.

Q If such a devastating attack like Pearl Harbor were to happen today, could our young people rise up to the challenge as your generation did?

A I believe they would. I certainly hope they would. People ask me frequently what do I think about the series in general, *The Pacific*, and I say I hope it will revive patriotism and bring back teaching history to the young people, and what a wonderful country it is and how much blood it has taken to

bring us to where we are.

Q How do you see the United States' involvement in the Iraq and Afghanistan wars and President Obama's long-term plan to end it?

A Today, the war seems to be conducted by the politicians. I think they need to turn the war back over to the military.

Q What helped keep you going and on mission throughout the war?

A There's a number of answers you could give, but the one that is foremost in my mind is your trust in one another, support of one another, your dependence upon one another.

THE ASSOCIATED PRESS

Mills being sued by ex nanny

DISCRIMINATION A former employee of Paul McCartney's ex-wife Heather Mills is suing her for sex discrimination.

Sara Trumble wants compensation after allegedly being unfairly dismissed from her job as a nanny af-

ter she became pregnant.

Mills' split from the former Beatle in 2006 was followed by a messy divorce in which she won 24 million pounds — some of it intended to pay for a nanny for their daughter, Beatrice.

THE ASSOCIATED PRESS

Entertainment in brief

PROJECT RUNWAY Jessica Alba is bringing her fashion sense to *Project Runway*. Lifetime spokeswoman Kannie Yu LaPack says

Alba will serve as a guest judge on Thursday's episode of the popular clothing-design show.

THE ASSOCIATED PRESS

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DVD picks

Sherlock Holmes

Directors: **Guy Ritchie**

WHEN YOU REALLY THINK about it, it's elementary that Robert Downey Jr. would make a great Sherlock Holmes.

In life and in art, he's taken the path of the cerebral risk-taker. Given a chance to sample a new substance or portray an unusual character — he's done everyone from Chaplin to Iron Man — he jumps in with both feet.

Those familiar with the Holmes canon know the 19th-century sage was quite a physical man (although maybe not the bare-chested brawler Downey portrays), who also liked to partake of festive pharmaceuticals.

We can live without the deerstalker cap, as Downey does. Also cheering is the choice of Jude Law as Dr. Watson, Holmes' sidekick, who retains the discipline and the loyalty of his literary counterpart.

But skullduggery is afoot in other areas. Regrettably, director Guy Ritchie and his screenwriting committee (bad sign, that) have completely lost the plot be-



yond their golden pairing of Downey and Law. It's as if they simply downed tools, having satisfied themselves with excellent leads.

A great hero needs a great villain, and there isn't one to be found in Mark Strong's Lord Blackwood, a satanic troublemaker in greasy London town who is more bureaucrat than Beelzebub. He's among the most tedious and least-threatening baddie to darken a screen in many a moon.

Also firing on zero cylinders is Canada's own Rachel McAdams, as Holmes' putative love interest Irene Adler.

Still, it's good enough to just sit back and enjoy Downey and Law plays Holmes and Watson as Victorian versions of Butch Cassidy and the Sundance Kid.

Extras vary according to edition, but the Blu-ray offers the greatest bounty for Holmesphiles, with various making-off featurettes. Of greatest interest and novelty is the Maximum Movie Mode commentary in which Ritchie literally walks us through the film.

An Education

Directors: **Lone Scherfig**

BASED UPON British journalist Lynn Barber's recent memoirs, which screenwriter Nick Hornby (High Fidelity) and director Lone Scherfig (Italian for Beginners) have astutely adapted, it's a fresh telling of the old tale about an impressionable girl falling for a predatory older man.

Evoking early 1960s London as sharply as TV's Mad Men does New York in the same era, with impeccable art direction adding to its many attributes, An Edu-

cation is set immediately before the social quakes of the Pill, the Beatles and Women's Lib.

Sixteen-year-old Jenny (Carey Mulligan), bidding her time in suburban Twickenham, is in a hurry to grow up. Jenny's immediate concern is gaining admission to Oxford, which is anything but a given. The women of 1961 are mostly expected to become wives, not scholars, and Jenny's middle-class parents (Cara Seymour and Alfred Molina) fret about the money it will cost them.

She will have to keep her grades up if she hopes to succeed. But distraction arrives one rainy day in the dapper form of David (Peter Sarsgaard), a gentleman in a burgundy car who offers a ride and promises the world.

First and foremost, An Education is a showcase for Mulligan, who was 22 when she made this film yet effortlessly conveys that moment of 16 going on 17 when the world beckons and its perils seem far away.

Peter Howell/for Metro Canada

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entertainment 17

Fight over Farrah

Trustee, producer battling over actress' estate

A producer being sued by Farrah Fawcett's estate has fired back in a court filing by claiming the late actress' money is being mishandled.

The trustee of Fawcett's estate has withheld money from some of the actress' beneficiaries, including her father, according to a filing by producer Craig Nevius. The document filed last week in Santa Monica is in response to a lawsuit filed by a Fawcett's estate against him in January.

Nevius, a one-time Fawcett confidante, also claims the lawsuit against him filed by trustee Richard B. Francis is a misuse of the actress' money.

The filing takes numerous swipes at Fawcett's longtime companion, actor Ryan O'Neal, and friend Alana Stewart. Both were constant figures in Fawcett's final months and worked on the documentary Farrah's Story, which aired on NBC.

Nevius sued O'Neal, Stewart and Francis over the documentary last year, claiming it didn't adhere to Fawcett's wishes and improperly cut him out of the process. His recent filing repeats an allegation that O'Neal threatened him in a phone conversation.

The filing claims Stewart misused her relationship with Fawcett to sell a

book.

"I've read Mr. Nevius' response to our complaint which I think contains spurious and outrageous allegations," said Howard Weitzman, who represents Fawcett's estate and O'Neal, Stewart and Francis. "I'm confident the truth will all come out during the course of the litigation."

Attorneys for Fawcett's estate claimed in their lawsuit that Nevius botched a first edit of the documentary and "embezzled hundreds of thousands of dollars" from the actress' company. Nevius first teamed up with the former Charlie's Angels star on a reality television series called Chasing Farrah and later teamed up in a business that produced the NBC documentary.

Nevius is not seeking any money from Fawcett's estate, his court filing states.

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Ernest K.

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ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/30/10	2	CFRN	239	318	Lost "The Package" (N)	Law & Order: Special Victims	American Idol (HDTV) The 10 finalists compete.	CTV News				
	3	KHQ	-	370	News (N)	Millionaire	Jeopardy! (N)	Wheel Fortune				
	4	CBXT	-	307	Wheel Fortune	Jeopardy! (N)	Rick Mercer	22 Minutes	Laughs	Comedy Fest	CBC News: The National	The Hour
	6	KREM	-	372	News	Access H.	The Doctors		NCIS "Endgame" (HDTV)	NCIS: Los Angeles	The Good Wife	
	7	CKEM	241	347	Law & Order: Special Victims	Parenthood (HDTV) (N)	The Biggest Loser Eliminated contestants return. (N)					
	8	CITY	240	339	ET Canada	Entertainment	Omni News: S. Asian Edition	NCIS "Endgame" (HDTV)	NCIS: Los Angeles	NCIS: Los Angeles	Metropolis	EP Daily
	11	OMNI	-	-	King/Queens	The Simpsons	Entertainment	Omni News: Cantonese Edition	Two/Half Men	Two/Half Men	Metropolis	News Hour
	13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars	Lost "The Package" (N)	(11:02) V (N)	
	16	KAYU	-	373	The Office	Raymond	Two/Half Men	Two/Half Men	American Idol (HDTV) The 10 finalists compete.			News
	22	KSPS	-	374	PBS NewsHour (N)	NOVA (HDTV) (DVS)	Frontline (N) (DVS)	Hawaiian Monk Seals	Foot in Grave	After You	Tavis Smiley	Charlie Rose (N)
	24	WTVS	-	364	Accidental Mummies							Independent
	15	CBCL	502	-	CBC News: The National	CBC News: The fifth estate	EarthWatch One	EarthWatch Two				fifth estate
	21	TWN	505	398	(5) EarthWatch One							
	27	CNN	500	500	Larry King Live (N)	Anderson Cooper 360 (Part 2 of 5) (N)	CTV News	CTV News	Market Call Tonight			Cooper 360
	54	CTVN	501	391	CTV News Tonight	Business News	Commodities	Market Call Tonight	Headline	Commodities	Squeeze Play	
	70	BNN	504	508	Squeeze Play							
	20	TSN	400	400	NHL Hockey: Blackhawks at Blues	Sportsnet Con.	UEFA Champ.	Pass Time	NASCAR Hub	Race in 60 (HDTV)	Monster Jam	Score Now
	23	net	408	418	NHL Hockey	Dangerous Drives (HDTV)		Score Now				
	47	SPEED	417	406	Monster Jam (HDTV) (N)							
	94	SCORE	410	403	(6) Court Surfing NBA news, scores and highlights.							
	9	EDAC	267	351	Alberta Primetime (Live)	(8:02) V (HDTV) (N)	Dancing With the Stars	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	14	TV	552	543	iCarly	To Be Indie	iCarly	Scorpion	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan
	17	TRON	553	546	Franklin	Babar	Johnny Test	Johnny Test	Total Drama	6TEEN	King of the Hill	American Dad
	42	TOON	555	545	Jimmy Two	Johnny Test	Han, Montana	Suite Life	Sonny Chance	Han, Montana	Wizards-Place	Latest Buzz
	46	FAIM	557	541	Zoeys 101	Zoeys 101	La Fievre de la danse (SC)	Camera cafe	Caméra café	Taxi 0-22 (SC)	La Promesse (HDTV) (N) (SC)	TVA nouvelles
	-	TVA	521	714	TVA nouvelles	Le Cercle (SC)	Home Improve.	Home Improve.	Meet-Wilsons	Wilsons	Amer. Funniest Home Videos	Reba
	18	CMT	575	583	According-Jim	According-Jim	CSI: Miami (HDTV)	HammerTime	Gimme Sugar	Gene Simmons Family Jewels	HammerTime	Gimme Sugar
	25	A&E	615	520	Criminal Minds (HDTV)							
	26	MMM	571	581	mmtop10.ca							
	29	FOOD	603	561	Chef Abroad	Chef Abroad	Relic Hunter	Relic Hunter	Restaurant Makeover	Diner, Drive-In	Unwrapped	Dinner Imposs.
	31	SHOW	617	522	Trailer Park	Trailer Park	Swamp Loggers (N)	Swamp Loggers	Daily Planet	Destroyed	Destroyed	Swamp Log.
	32	DISC	520	505	Destroyed	Destroyed	Wedding SOS	Wedding SOS	ET Canada	Whatever	Real Housewives of New York	Housewives
	33	SLICE	601	562	Party Mamas	Wedding SOS	Supernanny	Supernanny	Style by Jury	Grocery Bag	Beauty	Style by Jury
	34	W	602	567	House-Sell	House-Sell	Chocolatiers	Chocolatiers	My First Home	My First Home	19 Kids-Count	19 Kids-Count
	35	TLG	521	560	19 Kids-Count	19 Kids-Count	Spectacle: Elvis	Blue Mountain	Law & Order "Mad Dog"	Without a Trace	Music-Chance	Blue Mountain
	36	BRAVO	620	523	(6) Bowfire							
	38	SPIKE	628	584	(5) UFC: Best of 2009							
	40	AMC	-	-	(6) Planet of the Apes **** (1968)							
	41	HST	522	506	Pawn Stars (N)	Pawn Stars (N)	Nostradamus Effect (N)		Ancient Weather (HDTV)	Lost Worlds	Lost Worlds	Fit-Conchords
	43	COM	626	547	Just for Laughs		Frige	Frige	Corner Gas	Name Is Earl	The Simpsons	South Park
	44	SPACE	627	528	Masters of Science Fiction				Stargate SG-1	Star Trek: Next Gener.	Trek: Voyager	Dumb-Dumber
	46	WPCH	694	650	Law & Order: Special Victims	Seinfeld	Name Is Earl	Movie	Destination Truth	Oper. Repo	Oper. Repo	Ghost Hunters
	48	OLN	411	457	Oper. Repo	Oper. Repo	The Celebrity Apprentice (HDTV) (N)			Dog Whisperer	Dr. Oz Show	End of Leash
	50	STAR	621	527	The View (HDTV)		The Dr. Oz Show (HDTV)			Access H.	Extra	Dr. Oz Show
	52	HGTV	600	564	Sarah's House	Genevieve	House Hunters	House Hunters	Lopez Tonight	Lopez Tonight	Raymond	Raymond
	65	TLN	700	800	David Rocco	Caritas	Cashing In (N)	Rabbit Fall	Moose TV	Decoding Christianity	Music, Elijah	Moccasin Flats
	92	APTN	269	350	Mixed Blessing		Choices-Face	Archaeologist	National Catholic Mission 2010	Taking, Stage	My Life as Liz	16-Pregnant
	93	VISION	261	394	National Catholic Mission 2010		16 and Pregnant		MTV Live	Sex, News-Roll	Gossip Girl (HDTV)	Love Court
	100	MTV	581	566	16 and Pregnant				UR11	Question Period	Psychic Inv.	Ghostly Enc.
	101	MP	570	580	disBAND	Muchmusic Countdown				Le Téléjournal (SC)	24 Heures en 60 minutes	Le Téléjournal
	102	CPAC	512	396	(6:30) Primitime Politics		Revue					
	103	VIVA	526	507	Medium		Cold Case "Spiders"					
	106	RDI	126	730	Le Téléjournal (SC)		RDI économie	Le National				
	161	SUPER			Southland Tales ** (2006, Comedy-Drama) Dwayne Johnson.				War, Inc. ** (2008, Comedy) John Cusack.			

critics'corner

Chefs vs. City

In this series, chefs Chris Cosentino and Aaron Sanchez are pitted against local foodies in a winner-takes-all race through a different city each week. In this episode, they're in Los Angeles to take on Amy Powell, owner of Big Ed's Gourmet Hot Dogs and Nino Lins-mayer, owner of Food Lab Cafe Catering. 11 AM on FOOD



Parenthood

Drew helps Adam connect with Max when he rejoins the baseball team. Sarah makes friends with Amber's English teacher. Julia tries to teach Sydney to stand up for herself. Craig T. Nelson, Bonnie Bedelia and Monica Potter also star in the new episode "The Situation." 8 PM on CKEM; 11 PM on KHQ

NCIS

Gibbs and DiNozzo and the rest of the team help Vance face his demons while uncovering a complex relationship with a killer that endangers his family in "Endgame." Penny Johnson Jerald and Kelly Hu guest star; David McCallum and Pauley Perrette also star. 9 PM on KREM CITY



Winehouse ready to start a family: Dad

Amy Winehouse is ready to start a family, according to her father. "She's become so broody. She loves kids, especially all our little cousins," Mitch Winehouse tells Contact Music. **METRO WORLD NEWS.**

Celebrity Buzz

Kate's home 'tainted'

EVERYONE FEELS BAD FOR THE GIRL LIVING IN THE \$6M MANSION Kate Winslet wants to move out of her marital home because it is "tainted" with bad memories, femalefirst.co.uk reports.

The Oscar-winning actress — who split from her film director husband Sam Mendes earlier this year — is desperate to leave their

\$6 million US New York mansion because she can't stop thinking about the arguments they had since they moved there in 2005.

A source told the New York



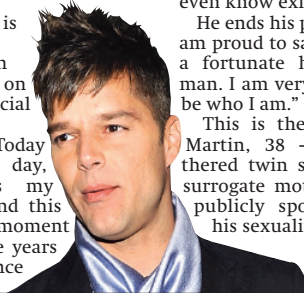
Post newspaper: "Kate really wants to leave the apartment. She sees it as a house of horrors because of the fights she and Sam had there. She feels it is tainted." The 34-year-old star is desperate to return to the U.K. as soon as possible, so she can spend time with her close friends.

METRO WORLD NEWS

Ricky 'fortunate homosexual'

AND GAY MEN AROUND THE WORLD SAY I TOLD YOU SO Singer Ricky Martin put speculation about his sexuality to rest yesterday, posting a comment on his website that he is gay.

Martin wrote on his official website that, "Today is my day, this is my time, and this is my moment ... These years in silence



and reflection made me stronger and reminded me that acceptance has to come from within and that this kind of truth gives me the power to conquer emotions I didn't even know existed."

He ends his post with, "I am proud to say that I am a fortunate homosexual man. I am very blessed to be who I am."

This is the first time Martin, 38 — who fathered twin sons with a surrogate mother — has publicly spoken about his sexuality.

METRO NEWS SERVICES

Bullock ready to seek divorce from James

CAN YOU SAY IRRECONCILABLE DIFFERENCES? Sandra Bullock has reportedly returned to California to deal with the fall out from husband Jesse James' alleged infidelity, according to Popeater. And the Oscar-winning actress reportedly plans to deal with the situation by getting the ball rolling on a divorce from James, sources

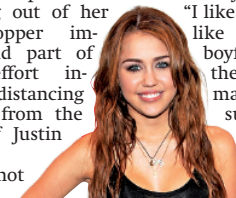


say. "It's over," a Bullock pal says. "After everything that has happened, it is impossible for them to get back together, even though I'm sure she still loves the man she thought he was." Bullock is reportedly staying in the Hollywood Hills home she owned before her marriage to James after spending the past week at her Texas retreat. **METRO WORLD NEWS**

Cyrus' dream BF: Cobain

SHE MUST BE SMELLING THE TEEN SPIRIT Miley Cyrus is trying to prove she's growing out of her teeny-bopper image, and part of that effort involves distancing herself from the likes of Justin Bieber.

"I'm not



necessarily a fan. I don't listen to that kind of music," Cyrus tells MTV News. "I like Kurt Cobain. (He) is like my dream boyfriend," she says of the late Nirvana frontman, who committed suicide when Cyrus was just 16 months old.

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

DEMI MOORE is taking Kim Kardashian to task over word usage, **NICOLE "SNOOKI" POLIZZI** is turning off Twitter for a while, **TOM HANKS** wants to get ahead of the technology trend for his next film, and **JIM CARREY** is chiming in on the latest Catholic controversy.

@mrskutcher @KimKardashian No disrespect I love a girls night out but a pimp and pimping is nothing more than a slave owner!

@Snooki I'm going to have twitter withdrawal!! Gettin geared up to shoot season 2!! I missed cameras in my face

@tomhanks Thinking to shoot Larry Crowne not in 3-D, but 6-D. May go all the way to 7- or 8-D. Stand by.

@JimCarrey The Catholic priesthood has become a religious disorder.

METRO NEWS SERVICES

Brand, not Perry, the Bridezilla

WOULD ANYONE BE SURPRISED IF HE WORE A WHITE DRESS IN THE CEREMONY Katy Perry isn't obsessing too much over her upcoming wedding to Russell Brand. Surprisingly, it's her fiancé that's filling the Bridezilla role in their relationship, Perry admits.

"I'm not that obsessed," she tells Hollyscoop. "If we stop for breakfast, he has to stop and get Bride magazine. It gets a little crazy."

METRO WORLD NEWS



THE WAY WE LIVE EDMONTON'S PEOPLE PLAN

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City Room City Hall

Wednesday, April 7, 2010

11 a.m. to 5 p.m.

City Room City Hall

The Way We Live: Edmonton's People Plan is a 10-year plan that will provide a comprehensive framework to co-ordinate City of Edmonton people services.

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Watch **JEOPARDY!** tonight at 7:30 for the answer.

Following Wheel of Fortune at 7pm



Yesterday's answer: Who is Earl.



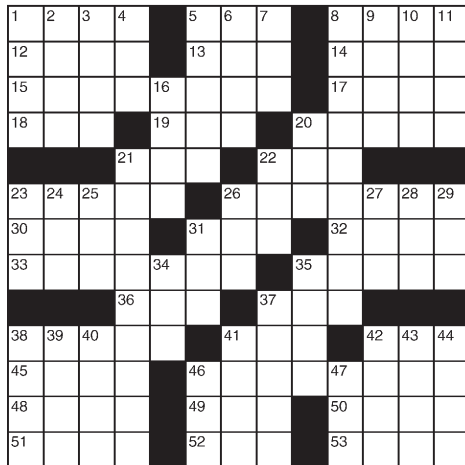
CBC



Michele McDougall, Weather Specialist & Host - Breakfast Television

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**

Take Five



ACROSS

- 1 Disappear gradually
- 5 Fox competitor
- 8 Georgetown athlete
- 12 Sacred bird of Egypt
- 13 Carnival city
- 14 Squared
- 15 Screwdriver type
- 17 Car
- 18 Conger, e.g.
- 19 Donkey
- 20 Mgmt.
- 21 Historic boy king
- 22 Suitcase
- 23 Calyx leaf
- 26 Rum exporter
- 30 Door handle
- 31 Levy
- 32 Lake vessel
- 33 Lemon-coloured
- 35 Big feather
- 36 Environmentally friendly
- 37 Witness
- 38 Explosion
- 41 Fellow
- 42 Time of year

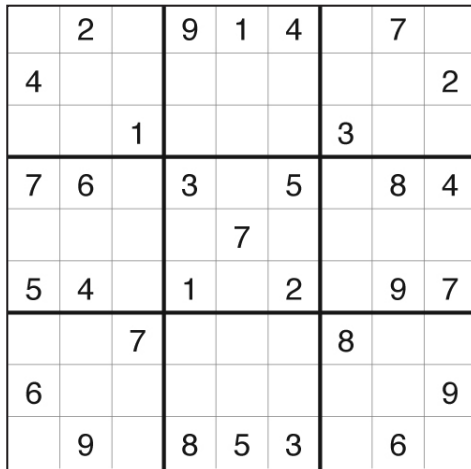
DOWN

- 1 Flute's kin
- 2 Competent
- 3 Use a rotary phone
- 4 Superlative ending
- 5 Peak of a wave
- 6 Prejudice
- 7 Turf
- 8 Place of honor, at dinnertime
- 9 Egg, biologically
- 10 Bigfoot's cousin
- 11 In due time
- 16 Burglar's booty
- 20 Intention
- 21 Sodium chloride
- 22 Send electronically
- 23 Firmament
- 24 Away from WSW
- 25 Rep. or Dem.
- 26 — Leno
- 27 Debtor's letters
- 28 Rotating part
- 29 Dined
- 31 Number suggested by 53-Across
- 34 Autumn mo.
- 35 Confined, with "up"
- 37 Soothing remedy
- 38 Forehead
- 39 Old Italian money
- 40 Gel in a petri dish
- 41 Primary
- 42 Dog food brand
- 43 Pace
- 44 Engrave
- 46 "No seats" sign
- 47 Winter mo.

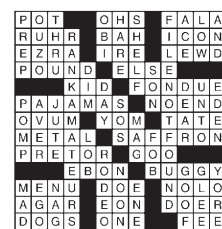
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



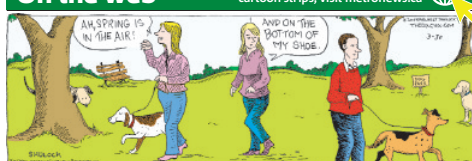
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



8	3	4	2	9	7	6	5	1
5	9	7	1	8	6	3	2	4
2	1	6	3	5	4	9	7	8
3	5	2	9	7	1	8	4	6
4	6	1	5	3	8	2	9	7
9	7	8	6	4	2	1	3	5
7	4	3	8	1	9	5	6	2
6	8	5	7	2	3	4	1	9
1	2	9	4	6	5	7	8	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Roasted artichoke and pepper bruschetta

INGREDIENTS:

- 1 ciabatta
- 1 red pepper, thinly sliced
- 2 tbsp olive oil (from jar of artichokes)
- 12 slices salami
- 4 tbsp tapenade
- 1 jar roasted artichokes in olive oil, drained and sliced

METHOD:

1. Preheat broiler and line bottom of broiling pan with foil. Cut ciabatta into 12 slices on diagonal, each 1/4 in. thick. Put on broiling pan rack and cook about 1 minute on each side or until golden.
2. While bread is toasting, toss red pepper slices in oil. Remove broiling pan rack with toast still on it

and set aside. Put pepper slices in single layer to one side of foil-lined pan and cook 3 minutes. Add salami to other side and broil 2-3 minutes or until peppers are lightly singed and salami slices start to crisp. 3. Meanwhile, stir contents of tapenade jar to blend in oil, then thinly spread onto toasts. Place pepper and artichoke slices on each piece, then top with crispy salami. Return to broiler to heat through. Serve at once.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20



Force yourself to do something for another person today. Not only will you quite enjoy the effort but you will impress some very important people.

LIBRA
SEPT 23-OCT 23



Don't sit and brood on what might have been. Although today's full moon may be hard to deal with you know you have lots to be thankful for.

TAURUS
APRIL 21-MAY 21



You must resolve a difference of opinion and learn to get along with someone whose help you are going to need.

SCORPIO
OCT 24-NOV 22



Certain things may not have worked out the way you intended but is it really such a big deal? Of course not.

GEMINI
MAY 22-JUNE 21



Help will arrive when you need it most. Not only that but your current situation is not nearly as bad as you like to think it is.

SAGITTARIUS
NOV 23-DEC 21



You don't have to do anything special to impress others today — just be yourself and they will like what they see.

CANCER
JUNE 22-JULY 22



Be careful who you confide in today. Not everyone has your interests at heart and if you let slip any valuable information there is no telling where it might lead.

CAPRICORN
DEC 22-JAN 20



You have made the best of a difficult situation and can feel rightly pleased with yourself. But don't stop there.

LEO
JULY 23-AUG 23



The world is full of people who say they want the truth when all they really want is to hear their own ideas and theories accepted by everyone else.

AQUARIUS
JAN 21-FEB 18



Don't waste time on trivial things. Decide what is your main priority and focus on it to the exclusion of everything else.

VIRGO
AUG 24-SEPT 22



Blackmail never works, so get rid of the idea that by applying emotional pressure on someone you can make them conform. You can't.

PISCES
FEB 19-MARCH 20



Today's full moon may harden your resolve not to give in to someone's pleas, but do you really want to appear cold-hearted?

This day in history

- 240 BC — 1st recorded perihelion passage of Halley's Comet.
- 1842 — Anesthesia is used for the first time in an operation by Dr. Crawford Long.
- 1858 — Hymen Lipman patents a pencil with an attached eraser.
- 1954 — Yonge Street subway line opens in Toronto. It is the first subway in Canada.
- 1981 — U.S. President Ronald Reagan is shot in the chest outside a Washington, D.C., hotel by John Hinckley, Jr.

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USA

Las Vegas via Vancouver

Paris Las Vegas • 4 ★

Luxury rm.

June 1 • 3 nts.

FREE 24-hour buffet

\$459

*Taxes & other fees (including service charges): \$140

CUBA

Varadero via Calgary

Sirenis La Salina Varadero • 4 ★

All-Inclusive • Standard rm.

Apr. 11 • 1 wk.

\$1049

*Taxes & other fees (including service charges): \$218

Santa Clara via Calgary

Meliá Las Dunas • 4 ★

All-Inclusive • Standard rm.

May 1-29 • 1 wk.

\$1099

*Taxes & other fees (including service charges): \$218

DOMINICAN REPUBLIC

Puerto Plata via Toronto

Bahia Principe San Juan • 4 ★

All-Inclusive • Standard rm.

Apr. 9, 16 & 23 • 1 wk.

\$599

*Taxes & other fees (including service charges): \$314

Casa Marina Beach & Reef Resort • 3 1/2 ★

All-Inclusive

Standard garden view rm.

Apr. 9, 16 & 23 • 1 wk.

\$629

*Taxes & other fees (including service charges): \$314

HAWAII

Honolulu via Vancouver

Aston at the Waikiki Banyan • 3 ★

Value rate - One-bedroom, one-bath standard rm.

May 10 • 1 wk.

\$899

*Taxes & other fees (including service charges): \$136

MEXICO

Puerto Vallarta/Riviera Nayarit via Calgary

Meliá Puerto Vallarta • 4 ★ 

All-Inclusive

Deluxe garden view rm.

Apr. 10 & 24 • 1 wk.

\$879

*Taxes & other fees (including service charges): \$267

Dreams Puerto Vallarta Resort & Spa • 4 1/2 ★

Unlimited-Luxury®

Deluxe oceanview rm.

May 1-29 • 1 wk.

\$1199

*Taxes & other fees (including service charges): \$267

JAMAICA via Toronto

Sunset Jamaica Grande Resort & Spa • 4 ★

All-Inclusive • Standard rm.

May 4, 5, 7-14 & 18-20

1 wk.

\$1159

*Taxes & other fees (including service charges): \$287
Please add \$50 for Sat. & Sun. departures

DEAL to EUROPE

Paris via Toronto or Montreal

Hotel Cervantes Paris • 3 ★

Double standard rm.

June 6-11 • 6 nts.

\$1199

Complimentary Hop-on/Hop-off tour

*Taxes & other fees (including service charges): \$419

DEAL on CRUISES

Louis Cruises¹

Louis Cristal

7 Continents & Istanbul Cruise

Flights to Athens via Montreal

Inside stateroom, cat. ID

July 16 • 1 wk.

Book by April 30 and SAVE \$200 per couple

\$2829

*Taxes & other fees (including service charges): \$666

OCCIDENTAL HOTELS & RESORTS

MEXICO

Cancun/Riviera Maya via Toronto

Occidental Grand Xcaret • 4 1/2 ★

All-Inclusive • Deluxe rm.

May 28 • 1 wk.

\$1119

*Taxes & other fees (including service charges): \$295

COSTA RICA

Liberia via Toronto

Occidental Grand Papagayo • 4 1/2 ★

All-Inclusive • Deluxe rm.

May 8, 15 & 22 • 1 wk.

\$1429

*Taxes & other fees (including service charges): \$216





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